

Paula Cook Profile



Paula Cook has been working in the management development field for over ten years. Previous to this she worked in the area of sales and key account management. Between 1992 and 1999 Paula was employed by Management Centre Europe (MCE), an organisation offering training and development to companies across Europe. During this time she held positions of Key Account Manager and Project Manager and gained experience of managing global projects across three continents for organisations such as Nokia and Finnair.

In 1999 Paula became an independent consultant. As well as working for a number of commercial organisations, Paula is a core faculty member at the Suez University, the corporate university of the French industrial group of the same name. Paula has worked also for organisations such as Erasmus University, Rotterdam and the Swedish Institute of Management (IFL). Today Paula's corporate client list includes Rockwell Automation, Mastercard, Hilton International, Eurocontrol, General Cologne Re and SCA Hygiene, amongst others.

Some of the most enriching projects that Paula undertakes are with an international NGO, which works with children in developing countries. With this organisation, Paula is able to pass on skills to individuals working directly with communities and children in Africa, Asia and South America.

Paula's key interest is in helping individuals and teams become the best they possibly can be. Her work involves facilitating groups to build on existing strengths and develop new skills. This sometimes involves training in management and interpersonal skills, as well as teambuilding and individual coaching. An important part of this work involves coaching teams to cope with change and challenging situations. The majority of teams that Paula works with are culturally diverse and are often faced with the complexity of not being co-located.

Paula works primarily in English and French. She also speaks German, Swedish and Spanish and has basic understanding of Dutch.

